



From I-40 exit 188
Kingston Springs.
Follow signs to Hwy 249 and turn right.
At the end of the road turn left on Hwy 70w.
Turn right on Cedar Hill Road.
Turn left on Narrows of the Harpeth Road.



Tennessee Department of Environment and
Conservation authorization no. 32752, 4,000
copies. This public document was promulgated
at a cost of \$.04 per copy, November 2005.

The Tennessee Department of Environment and Conservation is
committed to principles of equal opportunity, equal access and
affirmative action. Contact the Tennessee Department of
Environment and Conservation EEO/AA coordinator at (888)
867-2757 or the ADA Coordinator at (615) 592-0059 for further
information. Hearing impaired callers may use the Tennessee Relay
Service at (800) 848-0298.

Hours of Operation: The Harpeth River State Park is a day use park
April to October: 7:00 a.m. to 7:00 p.m.
November to March: 7:00 a.m. to 4:30 p.m.

For Further Information, Contact:

Harpeth River State Park / 1020 Jackson Hill Rd. / Burns, TN 37029 Office (615) 797-6096
Or Contact: Tennessee State Parks / 401 Church St., 7th Floor
Nashville, TN 37243 / Phone (888) 867-2757 www.tnstateparks.com

TENNESSEE STATE PARKS

HARPETH RIVER

STATE PARK





Harpeth River State Park

Located along the winding Harpeth River in Middle Tennessee are natural, cultural and recreational day use areas providing amenities and attractions in beautiful and natural surroundings. The Narrows of the Harpeth, located off Cedar Hill Road, is an ideal spot for hiking, picnicking, fishing, and canoeing. It is also the site of one of the oldest man-made tunnels in existence today. Located two miles upstream from the Narrows is Mound Bottom, a large Mississippian Period Indian Mound Complex. Archeologists believe this Native American town had important political and ceremonial functions. Nearby is Mace Bluff, providing beautiful views of the mounds and a petroglyph of a mace used in ceremonial functions. Further up stream off McCrory Lane is Hidden Lake, a naturalist's paradise featuring hiking trails, majestic bluffs, and abundant wildlife. Off Newsom's Station Road is Newsom's Mill, one of the oldest gristmills in Davidson County. Other park sites providing fishing and river access include: Hwy 100 Access located near Warner Park; Kingston Springs Access, located in Kingston Springs City Park; and The Gossett Tract, located off Cedar Hill Road near Scott's Cemetery.

Picnic Facilities

Picnic tables and grill are available at Newsom's Mill and at the Narrows of the Harpeth "canoe take-out" area. Presently, drinking water and restroom facilities are not available at any of the sites.

Boating

The Harpeth River is a Class I river. It is appropriate for beginners to advanced paddlers. Canoe and kayak trip information and rental rates are available from local outfitters in and around Kingston Springs.

Swimming

The river provides shallow areas for wading and many great swimming holes to cool off in while paddling downstream.

Fishing

Fly fishing is popular among many anglers who enjoy scenic beauty and bass fishing. Other fish species include bream, bluegill, and channel catfish. Remember, all Tennessee Fishing Regulations apply.

Hiking

There are three trails located at the Narrows of the Harpeth. From the parking area, all trails originate at a common trailhead near the park entrance. A two mile bluff overlook trail includes a steep ascent to a narrow bluff, which offers hikers a panoramic view of the Harpeth Valley. A one mile trail to the site of Montgomery Bell's Patterson Forge leads to the backside of the Narrows opening where the water that drove the mill flume cascades from the tunnel back into the river via a waterfall. A 1/2 mile trail connects the canoe launch area to the canoe take-out parking area. At Hidden Lake, a three mile trail meandering through wildflower meadows, forests, and limestone bluffs attracts birders and hikers seeking solitude and natural beauty.

Museum

Artifacts uncovered during an early 1970's excavation of Mound Bottom are on display inside the park office at Montgomery Bell State Park, located off Hwy 70w in Burns, TN.

Programs

Program schedules are posted at all Harpeth River State Park areas and on our website www.tnstateparks.com.

Other Nearby State Parks

- Montgomery Bell State Park, Burns, TN 14 miles

Annual Events

- Spring Wildflower Walk, Narrows of the Harpeth, April.
- Mound Bottom/Paint Rock Tour, October.

